



# YORKDALE CENTRAL SCHOOL

## NEWSLETTER

### PRINCIPAL'S MESSAGE

OCTOBER 2017

Welcome back to another school year! As always I am extremely excited to be back in the principal's chair at Yorkdale Central School. I love my summer holidays as much as the next student or teacher, but I will admit to when the gig is getting somewhat old and I need a change of pace. I am not complaining about the life of a camper, as it is most definitely a good life. Super relaxing. Breakfast about 10:30. Campfires and marshmallows. Board games and bike rides to no end. It's truly a dream. However, there comes a time to get back in the saddle again, and my saddle is at Yorkdale Central School riding along with my Royals.

I'd like to thank Mr. Betker, Mr. Halstead and Mrs. Henry for prepping our school over the summer. On my first day back, I literally needed to pull the sunglasses back down as the floors were gleaming. Their hard efforts during the summer go practically unseen, but I hope all staff and students let them know it does not go unappreciated. Furthermore, thank you to the office staff and teachers for preparing the Yorkdale starting blocks. Our Royals arrive ready to go, and without the diligent effort of these staff members, our students would not be able to enjoy the smooth, organized beginning that they do.

Whether you are familiar to Yorkdale Central or not, I wish to remind you that you are coming into a school that is rich in history, values and expectations. Yorkdale Central has been around for some time. It is at least a third generation school, and there are many people in the greater community who will remind you that they once attended school as a Royal. When they do, there is always a head nod and a smile on their face. Yorkdale Central has built up a bevy of accolades in its days, and in 2017 we will work in a manner that only adds to this achievement list. When you speak to the community, it will speak of "school of choice," "the place to be," "great stuff happening there," and "one would be fortunate to go there as a student as they care for kids."

It's true. We do care about students and their programming. We should feel fortunate to have the leadership and staff that cares and is willing to put the hours in. Still, it should be acknowledged and realized that things simply do not happen this way by chance. Structure is required. Effort is required. Planning is required. But above all else, commitment is required and expected. For students too.

**Commit to hard work and engagement.** There are learning behaviours, assignments, and performance tasks in learning. Not to mention an expectation to be prompt, engaged and productive. None of which should come too easily. It should be challenging. Just when a student begins to get a firm grasp on a learning outcome, teachers should look to disrupt the learning, change its context and alter its complexity. This is a good disruption because it adds depth and breadth to the student's understanding. We want real world thinkers, so this is required. Let's be honest. Our global community values hard work. If a task is a challenge, one should consider it an asset to their learning. Be proud!

**Commit to failing.** I know failing used to be a bad thing, but we look at it differently now. We should to be concerned about long-term failure but short-term failure only leads to more learning. We learn from trying new ways, so creativity and taking risks should be promoted. Doing differently can be okay. Our curricula is organized with no limits to learning. Our progress reports are also set up to acknowledge learning beyond set outcomes. If you play it easy and safe, you are likely to only "meet expectations." Go beyond the learning. Experiment a bit. Experiment a lot. Fail often. We even say "fail forward," which means learn from it. When challenged correctly, failure should be encountered. It is entirely okay. Failure accompanies learning.

**Commit to being a good person.** No parents ever tires about hearing about his child's academic achievement, especially after it comes after some good failure. However, as I share often, when all the learning is done and you have a respective diploma in your hand, the playing field is even again. What often sets you apart, from others is your people skills. The world is a very social place and collaborative place. In every aspect of life- including making friends, finding a job and enjoying a successful relationship, one's success will depend greatly upon his ability to get along with others and present a positive image of himself. Relationships with friends, significant others, colleagues and employers are built on social skills. And today, this includes social media as an extension of yourself.

In closure, I have to plug it. Our "Living the Code" encompasses much of the above and more. It truly promotes skill for life. The Code and these three commitments will always benefit you. Now and later in life. Never estimate your hard work and efforts. Never fear failure. It is a part of life. Never undervalue the power of being a good person.

Have a year befitting of a Royal!

Mr. S. Beatty

# SCHOOL ASSESSMENTS OCCURRING

Every year, in collaboration with the Ministry of Education and Good Spirit School Division, Yorkdale Central commits to several student assessments. These assessments can be categorized as assessments for learning, assessments as learning, and assessments of learning. Parents and guardians are accustomed to the assessments and testing that are used to provide a level of achievement for a student. We call these summative assessments “of learning.” However, there are other assessments carried out that drive how teachers will plan and instruct for student achievement - individually and collectively. We call these formative assessments “for learning.” Yorkdale students will be subjected to a few of these assessments at the beginning of the school year. Please note that while none of these are used to calculate marks on report cards, they are important pieces.

**Fountas and Pinnell (F&P) Benchmark Assessment** is a one-on-one, comprehensive assessment to determine independent and instructional reading levels of students in Grades 1-5 and potentially higher. **F&P** is one assessment teachers use to 'take a snapshot' of how students are progressing. It provides teachers with information to help you:

- determine three reading levels for each student; **independent, instructional, and recommended placement**
- **group** students for reading instruction
- **select texts** that will be productive for a student's instruction
- **plan** efficient and effective instruction
- **identify students** who need intervention and extra help
- **diagnose** particular areas of reading difficulty
- document **student progress** across a and grade levels school year

IMPLEMENTATION: Classroom teachers have begun these already.



## Early Years Evaluation - Teacher Assessment (EYE-TA)

is administered to kindergarten children aged 4-6 years. The purpose of this assessment is to determine each child's progress and development in five key areas closely linked with early learning and emerging literacy skills. The five key areas are:

- Awareness of Self and Environment
- Social Skills and Approaches to Learning
- Cognitive Skills
- Language and Communication
- Physical Development

IMPLEMENTATION: Observations begin in October with reports to follow.



“Your brain is like a sponge that absorbs knowledge, but that’s not exactly how it’s done.”

Our canteen has a few more choices for our Royals this year—everything is peanut free and delicious!!!! Thanks to Mrs. Schick and her students at YRHS for helping us provide nutritious options for our students.

Milk	\$0.75
Yogurt Parfait	\$3.00
Chicken Wrap	\$4.00
Cold Cut Sub	\$2.50
Chicken Caesar Salad	\$4.00
Pizza Bun	\$1.50
Fruit Bar	\$1.00
Puffed Wheat Cake	\$1.00
Rice Krispie Square	\$1.00
Gum	\$1.00



### YCS SCHOOL OPENING (8:30 a.m.) and CLOSING (4:30 p.m.)



Just a word of caution to parents and students!  
Yorkdale Central School **does not open until 8:30**

**a.m.** We have had some students arriving very early in the morning. With the approaching cold of winter, we do not want students outdoors too long. As supervision is not in place, teachers may not be aware of early students. Plan your schedules for an 8:30 AM drop off at the earliest. On occasion, there will be morning practices or clubs for some students. Supervision will be provided to these groups by coaches and activity leaders. For the safety of our students, parents/ guardians are not to send their children to school prior to 8:30 a.m. Pending the existence of school activities, these school doors will be locked by 4:30 PM. The front main doors are the best doors to enter and exit at all times. Pending the existence of school activities, a number of the school doors will be locked by 4:30 p.m. Whenever in doubt, the front main doors are the best doors to enter and exit.



### ATTENTION PARENTS:

Yorkdale Central has recently contacted a few families regarding some students remaining at the school well after 3:30 pm. Be aware that YCS staff members are regularly in conversations and preparing for following days of learning. It is hard for our teachers the other way when students are waiting. As a guideline, it is recommended that students be on their way by 3:45 p.m. If this is a once-in-awhile occasion, speak to your teacher. Similarly, students should not be arriving prior to 8:30 a.m. as there is no supervision until this time.

### DO YOU VALUE OUR TEACHING TIME AS MUCH AS WE DO?

While we welcome a parent presence in our school and we appreciate all the support given to us, we have parents who may be arriving too soon. Classroom and hallway learning have been interrupted by parent and guardian talking in the hallways. We would recommend that those arriving to pick up children not come in until 3:15—3:20 PM.

Your cooperation with this request is appreciated

## SPEAK UP AGAINST BULLYING

The Good Spirit School Division has adopted an online reporting tool introduced by the province in 2014.

*Report Bullying SK* is an anonymous and confidential online reporting tool to report any received or witnessed acts of bullying.

Please follow this link for more information

[Report Saskatchewan Link](#)



## YORKDALE IS ALLERGEN SAFE

Yorkdale Central School is “allergen safe.” We cannot allow peanut or nut products at school. Please check your child’s lunch carefully and read labels to check for nut product listings. (Peanuts/Nuts are often found in granola bars, cookies and other baked goods, cereals, chocolate bars, energy bars, Nutella and pesto.)

If your child has nut products for breakfast, please ensure that they wash their hands and brush their teeth before coming to school. This reduces the possibility of an allergen getting passed on through play or while handling books, toys and water taps.

If you are one of the families that do not have to deal with a food allergy in your family, please be considerate towards those that do. They are dealing with a life-threatening situation on a daily basis. Thank you for keeping our children safe at YCS.

For more ideas on healthy snack ideas please see the information on the last page of the newsletter.

## UPCOMING IMPORTANT DATES

Mark your Calendar!! Here are some important dates coming up in the next few months.

November 1, 1:00—7:00 PM	Flu Clinic in Student Centre
November 10 and 13	NO SCHOOL (Remembrance Day)
December 1	Report Cards go home
December 11	GSSD Winter Band Concert
December 12	Christmas Concert Rehearsal
December 13	Christmas Concert
1:00 PM Dress Rehearsal	7:00 PM Christmas Concert
December 15	Grade 5-8 Ski Trip
December 21	Winter Fun Activity Day
December 22—January 3	Christmas Break
January 4	Back to school!

## LOOKING FOR SCHOOL INFORMATION?

Yorkdale Central makes it a priority to try and keep its parents and guardians well informed. This can take place in a variety of ways , including:

- **YCS Student Handbook and Code of Conduct** (in classroom and on Yorkdale Webpage)
- **Agendas** - Keep track of those little details and information.
- **YCS Website** - A great source of news as well as a link to information on the web.
- **Facebook/Teacher Blogs** - Yorkdale school has its own Facebook page **Yorkdale Central School GSSD**. Many teachers have accounts to keep you informed.
- **Twitter** - Yes, a few teachers are joining this technological craze. Check out @PrideInThePaw
- **Emailed Announcements** - Daily & Weekly events straight to your inbox.
- **Remind App**—Several classrooms and activity groups make use of this friendly communication app.
- **Synrevoice Technology** - Informing you of absenteeism and emergencies via telephone.
- **Report Cards** - Completed three times per year to keep you up to speed on student progress.

Not enough for you? Pick up the telephone and call. Staff members will be very willing to touch base, set up an appointment, or share their email address to keep you in the loop.



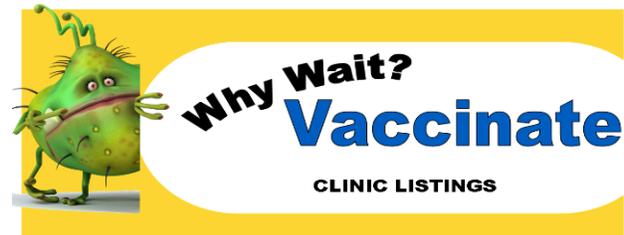
East Central District Athletic Association is responsible for the coordinating of Junior High and High School Athletics for students of the Good Spirit and Christ the Teacher School Divisions. We are looking for people interested in officiating the sports of volleyball, basketball, football and soccer. Officiating is a fantastic way to help our student athletes, make money and become involved in sport. If you have experience or are interested in learning how to officiate these sports please contact:

**Cary Franklin - ECDAA Officials Commissioner**

**Preeceville School**

**547 3148**

**cary.franklin@gssd.ca**



**The Sunrise Health Region will be holding an Influenza Clinic at Yorkdale Central School on Wednesday, November 1.**

The clinic will be held in the student centre from 1PM to 6PM. It will be open to the general public, but Immunization Permission Forms have been shared with our families earlier this week. Immunization is optional, but a family may wish to take advantage of the convenience. Students who return the forms to their homeroom teacher will be escorted to the student centre for their vaccination on November 1.

**Please call Jackie Ellis or Heidi Russell at 786-0622 for further information.**

## SCHOOL ENTRANCE

In the morning, students are to continue the routine of walking around to the north and east sides of the school and meeting at the back. This allows for greater supervision and flow of arriving students and adequate teacher preparation for those activities within the school.

If a student does bring a specific item to the school that cannot be carried around the school grounds or cannot be exposed to some elements of weather, he/she should bring it into the front office before heading to the back of the school. These items may include large school projects, food for celebrations, larger band instruments, etc. Items such as back packs, lunch kits, electronic devices, etc. should remain with the student.

## YCS SCHOOL FEES

Yorkdale Central School does collect school fees from its students. This includes \$20 for Grades 1-8 students and \$10 for Kindergarten students. In the last five years, these fees were actually reduced as practices allowed the school to meet some of its student services in other ways.

Student fees go directly to services that benefit the students. Fees assist in a number of ways, including paying for performances that are shared at the school; renting facilities such as the Gallagher Centre for swimming, skating, and other events, subsidizing swimming lessons at Grade 4 which are offered to all students at that time, reducing transportation fees for field trips, supporting the provision of student agendas for home communication, and assisting in other school celebration and events.

The public should be aware that the facilitation of all these events still requires additional ventures by the school and that school fees are approved by the School Community Council every year. Thank you to all Royal families for your prompt payment.

## BUS DROP OFF

Just a reminder to our YCS School Community that the area out in front of the school (west entrance) is designated for school bus parking and students between 8 a.m. and 5 p.m. Please use the parking areas further north on Gladstone Avenue or on the west side of Gladstone Avenue.



## YORKDALE SAFETY PATROL



Yorkdale Central School kicked off our very first safety patrol program during Education Week! Under the guidance of Mrs. Kindiak and Ms. Simonsen, students will be helping adults and students at our two busy crosswalks. Last week was spent practicing and this week they have put that practice to work! Please be patient and respectful of our safety patrol students. We thank our Grade 6 students who have volunteered and are taking on this responsibility!



## STUDENT USE OF TELEPHONES



Students and parents are reminded that YCS is a busy place of "education and business." Personal calls to students will be handled through a messaging system. Messages will be taken and forwarded to the student at

the next break. Student use of telephones is restricted and to be coordinated at breaks. All classrooms are outfitted with call out features. Students will arrange for telephone use through their homeroom teachers. Parents are encouraged to communicate with their children prior to school.

## SCC ANNUAL MEETING

All community members are invited to attend

**YORKDALE CENTRAL SCHOOL**

**School Community Council**

**Annual General Meeting**

**LOCATION: YORKDALE CENTRAL SCHOOL**

**TIME: 6:30PM**

**DATE: MONDAY, NOVEMBER 6, 2017**

We encourage you to get involved in the upcoming SCC Annual General Meeting if you are a parent or community member.....

- ⇒ Who wants to make a difference;
- ⇒ Who is committed to working collaboratively with others;
- ⇒ Who wishes to support student learning success; and,
- ⇒ Who is interested in improving the educational opportunities in your local school

**DON'T MISS OUT ON SEEING THE GREAT THINGS HAPPENING AT YORKDALE CENTRAL SCHOOL!**

Call the office for further information.

# Spotlight on Speech and Language

## What Is a SPEECH-LANGUAGE PATHOLOGIST (SLP) & What Do They Do?

Did you know....The need for a professional to deal with disorders of speech was identified in the 1920s, however, “speech correctionists” were not introduced to the schools until the 1950s. In the beginning, “speech correctionists” dealt with articulation, but over the years, the field has grown to include voice, fluency, language, dysphagia (difficulty swallowing), accent reduction, and more! SLPs deal with people of all ages in schools, hospitals, rehabilitation facilities, and private practice. The field of Speech-Language Pathology is unique in that it combines science, education, medicine, and psychology.

In Good Spirit School Division, Speech-Language Pathologists work with individual students on a referral basis, complete speech, language and hearing screenings, and also work with students in classrooms with teachers. SLPs work closely with other school division personnel to deliver programming that supports language development, literacy work, social skill development, and student well-being, just to name a few!

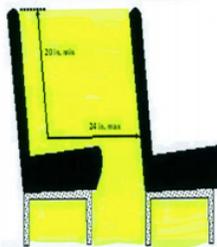
### What can go on the bus?

Equipment required for school programs is allowed on the bus, with some exceptions.

#### Compartmentalization

#### Allowed:

- Lunch kits, school backpacks
- Textbooks and school supplies
- Sports equipment in regular sized sports bags (e.g. skates)



#### SGI Requirements

- Anything a student carries must be held on the student's lap or rest on the floor between the student's legs.
- Larger items cannot occupy a seat with a student and cannot exceed the seat back height or the width of the seat.
- If items are stored under a seat they cannot enter the foot area of the seat in front or behind and must be secured from sliding.

#### Not Allowed:

- Skates in a plastic bag, skateboards, scooters
- School construction projects – book shelves, tables etc.
- Sporting equipment such as bow and arrow, fishing equipment
- Other items with sharp or pointed edges or items too heavy to be easily carried

**Allowed with bus driver permission only:** (must comply with SGI requirements and dependant on bus capacity)

- Large equipment bags (i.e. hockey bags)
- Project boards/trifold displays for science fairs, etc.
- Large band instruments

# YORKDALE WELCOMES NEW STAFF MEMBERS



Ms. Corson, Ms. Vankoughnett, Miss Strimbold

**YCS STAFF MEMBER:** Lee Ann Corson

**Role at YCS:** Grade 4 teacher

**Years Taught:** I graduated from U of S in '91

**Favourite Subject:** I like them all!

**Favourite Book:** 100 Dresses & Indian Horse

**Favourite Ice Cream Flavour:** anything with caramel

**Hobbies:** knitting, reading, being outdoors

**YCS STAFF MEMBER:** Danielle Vankoughnett

**Role at YCS:** Ms. Simmons' intern in Grade 8

**Years Taught:** Finishing my degree in Spring 2018

**Favourite Subject:** Phys Ed or English was by favourite subject as a student. My favourite subject to teach is Math.

**Favourite Book:** There are too many to choose from. Right now I am reading the Divergent series and loving it.

**Favourite Ice Cream Flavour:** This is a tough one for me, but probably chocolate.

**Hobbies:** spending time with family and friends, quadding, golfing, volleyball, softball

**YCS STAFF MEMBER:** Erika Strimbold

**Role at YCS:** Grade 8 teacher

**Years Taught:** 2 years

**Favourite Subject:** Math

**Favourite Book:** Harry Potter (any of the books)

**Favourite Ice Cream Flavour:** Chocolate Peanut Butter Cup from Scoops

**Hobbies:** Coaching and playing volleyball or basketball

**YCS STAFF MEMBER:** Tim Bomboir

**Role at YCS:** Vice Principal

**Years Taught:** 24 years

**Favourite Subject:** Math was my favourite as a student. My favourite subject to teach is Social Studies.

**Favourite Book:** I don't have one favourite book. I love reading biographies and inspirational stories about sports or business people.

**Favourite ice cream flavour:** Chocolate

**Hobbies:** I love to build things, do home improvement and use technology.

I am very excited to join the "Royal" family at Yorkdale, and have felt very welcome and accepted in the school.



**YCS STAFF MEMBER:**

**Lesla Bent**

**Role at YCS:** University of Regina Practicum Social Work Student (with Mr. Buhler)

**Favourite Subject:** English/Literature

**Favourite Book:** The Bible

**Favourite Ice Cream Flavour:** Pistachio/Almond

**Hobbies:** Writing poems, playing tennis, sign language, singing, playing netball



We also extend a royal welcome to Mrs. Amy Wilhem (Education Assistant) and Mr. Ken Gulash (caretaker) who joined our staff in October!

# ROYALS ENJOY A "SPIRITED" EXPERIENCE

## RYAN NEAL SPIRIT AWARD

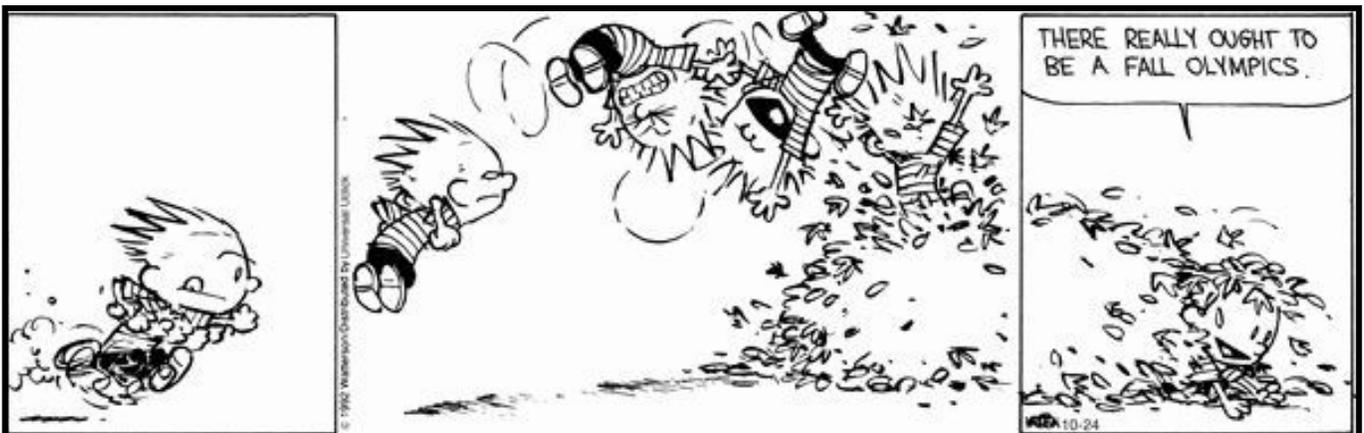
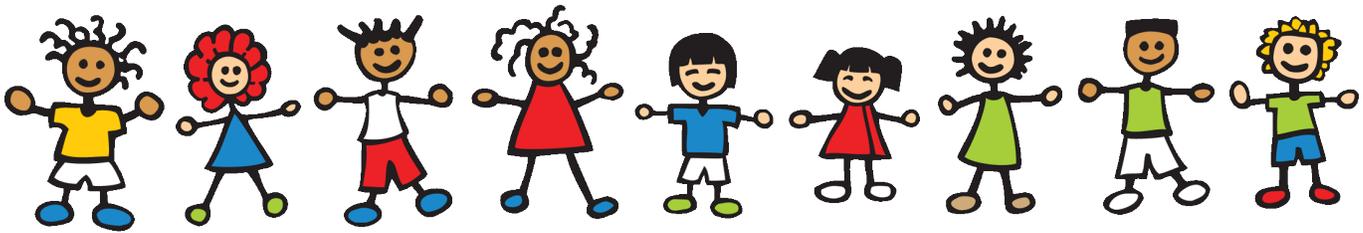


My name is Paul Fleger. I was fortunate enough to win the Ryan Neal Spirit Award in the 2016-2017 school year. With this opportunity I had a chance to go to the Peace Gardens Legion Athletic Camp for basketball, located between the border of Manitoba and North Dakota.

At the camp I had the chance to work with 6 advanced basketball coach's for 7 days. Each day we would practice about 10 hours focusing on shooting, ball handling, defence, and running the court. On the first day of practice, the coaches test you for skill level, and place you in the appropriate group. I was placed in the skill level with boys and girls a year older than me. At the end of the week, I was awarded Most Improved Player. I met new friends on and off the court that helped me enhance my skills. Most of these friends I am still in contact with.

Although I went to camp for basketball, I learned skills that can help me in other aspects of my life. They showed me what it takes to be a leader. A good leader should be coachable, respectful, and responsible. Peace Gardens is a camp I would recommend to anyone. It offers an unique opportunity for anyone. It offers you skills you can use in all aspects of your life. I would like to take the time to thank Mr. and Mrs. Martel for granting me the opportunity to attend Peace

Gardens Legion Athletic camp. This experience is one I will always remember. I am extremely grateful. I am proud to be one of the Royal representatives at the Peace Gardens Legion Athletic Camp. ~Paul Fleger





**SUNRISE PUBLIC HEALTH**

**150 Independent Street  
YORKTON, Saskatchewan S3N 0S7**

**Phone: (306) 786-0600**

**Fax: (306) 786-0620**

Dear Parents/Guardians,

It is influenza season once again! Did you know that children are one of the most at risk groups for picking up the influenza virus? Influenza is easily spread by coughing, sneezing or direct contact with nasal and throat secretions. You need to protect your child from the influenza virus every year! This vaccine is free and recommended for all ages.

The influenza vaccine is the most effective in healthy children and young persons. By immunizing as many children as possible, not only do we protect children themselves, we also create a protective cocoon around our elderly and those with chronic diseases who are equally or more at risk but in whom the vaccine is less effective than in children.

Please consult your local paper for dates and locations of various flu clinics or visit our website ([www.sunrisehealthregion.sk.ca](http://www.sunrisehealthregion.sk.ca)). Help us keep you, your children, and our community healthy.

Thank you.

Your Local Public Health Office



# NUT FREE SNACK AND LUNCH IDEAS

Please be aware that reading labels is the only safe way to guarantee a nut free product.

Manufacturing processes can change and make a product that was once safe no longer safe. The following is a guide to nut free snacks. They are categorized according to brand names. For more information on Anaphylaxis, visit: [www.gosafe.ca](http://www.gosafe.ca)

**BETTY CROCKER:** Dunkeroo's, Fruit Roll-Ups, Gushers, Fruit by the Foot, Lucky Charms Fruit Snack, Scooby-Doo fruit snacks, Sodalicious, Mickey Mouse Fruity Peel-outs or Princess Rolls. Cake mixes and icing (check label to make sure that it does not say "may contain").

**BULK BINS:** In general, items from bulk bins (chocolate, soft/hard candies, etc.) are not considered nut-free due to cross contamination with other nut products.

**CHRISTIE'S CRACKERS:** Crispers (original, BBQ, ranch, salt and vinegar, all dressed), Cheese Bits, Sociables, Toppable, Swiss cheese, vegetable thins, Triscuit (original, 50% less fat), Ritz (original, 50% less fat real cheddar cheese, Mini Ritz (**N.B. NONE OF THE RITZ SANDWICHES ARE SAFE!!!**)). Premium Plus, Oat Thins, Wheat Thins, Stoned Wheat Thins (regular and bell pepper) **CHRISTIE'S COOKIES: (N.B. MINI PACKS ARE NOT SAFE, PLEASE READ LABELS!!!)**

Chips Ahoy, Chunks Ahoy, Chewy Chips Ahoy, Teddy Grahams (regular and chocolate chip), Melting Moments (triple chocolate chunk, oatmeal raisin). Fudgee -O (regular and double-stuff). Oreo (regular and double-stuff); (**N. B. Mini Oreos may contain peanuts**), Arrowroot, Coffee Breaks, Fig Newtons, Chocolate Wafers.

## Cookies:

- Simple Pleasures
- Ultimate (except Ultimate Harvest of the Rainforest)
- Breaktime
- Whippet
- Viva Puffs
- Bear Paws
- Wagon Wheels
- Econo
- Dare Traditions
- Maxi Fruits
- Normandie

## Crackers:

- Breton
- Breton Minis
- Breton Gourmet
- Vinta
- Vivant

**DELMONTE:** Puddings (chocolate, banana, butterscotch): fruit gels (orange, grape-strawberry, cherry): fruit cups (all safe)

**DOLE:** New Minis, Fruit Cup (fruit salad, diced peaches, tropical fruit, pineapple, mandarin, orange).

**HEALTHY CHOICE:** Puddings (french vanilla, double chocolate fudge, chocolate, raspberry, french cream, tapioca).

**HUNTS:** Puddings (chocolate, double chocolate swirl, chocolate mud pie, chocolate fudge, vanilla, caramel and apple pie, s'mores, butterscotch, lemon meringue swirl, banana cream pie): juicy gels (strawberry, orange, cherry, cherry lemon-lime).

**KELLOGG'S:** Nutri-Grain Bars (apple, cinnamon, cherry, mixed berry, raspberry, strawberry, blueberry): NutriGrain Twists (plain, raspberry, strawberry, blueberry, blueberry cream cheese and raspberry cream cheese). Pop Tarts, Rice Krispie Squares (plain, chocolate caramel): Milk Crunch bars (cocoa and milk)

**MARS:** As of August 2006, Mars Bars sold in Canada are nut free. Check the outer wrapping for the peanut-free sign when purchasing.

**MOTT'S FRUITSATIONS:** Original, apple, cinnamon, pear, apple, banana-apple, strawberry, raspberry-apple, mango, peach .

**NESTLE:** The following candies from Nestle are peanut-free: Coffee Crisp, Kit Kat, Aero Bar and Smarties. Note that Smarties from bulk bins are not nut-free as they could have been exposed to other products containing nuts.

**NO NAME:** (yellow and black label): Zoo Animal Fruit Snacks: Chocolate Snack Cakes (1/2 rounds and whole rounds): Club Pack Cheddar Cheese Snack Crackers, Club Pack Snack Crackers (plain): Fruit Rolls, Sugar Wafers, Ginger Snaps, Rice Cakes, Puddings (vanilla, butterscotch, chocolate, lemon, banana): Fruit Cups (peaches, pears, fruit salad): Cookies (Fudge Striped Shortbread, Social Tea Biscuits, Honey Graham)

**PEAK FREANS CRACKERS:** Signature ovals (sesame, regular, cracked pepper): cookies (Shortcake, Fruit Cream, Arrowroot, Assorted Tea, Nice Assorted Cream, Family Shortcake, Digestive, Family Digestive).

**PC (PRESIDENTS CHOICE):** Crisp and Thin Crackers (half the fat, regular, vegetable, butter, reduced fat, wheat). Classic Crackers (cheese, regular). Snax (vegetable, wheat). Low Fat Snack Crackers (wheat and sesame, wheat and onion, wheat). Woven Wheats (regular, 50% less salt). Apple Street (just apples, sweet apples, apple-cinnamon, apple-strawberry, apple-banana, apple cranberry/raspberry, Rice Cakes, Peppercorn Ranch Chippers (original, salt and vinegar, BBQ): Fruit Bars (apple, raspberry, peach-apricot, fig, whole wheat fig). (**N.B. MOST PC COOKIES MAY CONTAIN NUTS, BE CAREFUL!!!**)

**QUAKER:** Rice cakes (caramel, corn, apple-cinnamon, white cheddar, caramel chocolate chip, butter popcorn, and original ranch, taco, crunchy, dill, BBQ, sour cream and onion). Quaker has introduced a line of chewy granola bars that are made in a peanut-free facility. Be sure to check the outer carton and the individual wrappers for a prominent red flash stating that they are made in a peanut free facility. Note that not all Quaker chewy granola bars are peanut-free, so please be sure to watch for the peanut-free purchasing.

**SNACKWELL'S:** Potato Thins (cheddar, sour cream, original with sea salt, BBQ, Sour cream and onion). Sandwich Cookies (with fudge, with cream, with mint). Cracked Pepper Crackers, Mint Cream cookies.